The Arc Pool in Fort Walton
General Pool Activity Schedule
March 9-April 30, 2026
(subject to change)

341 Holmes Blvd.
Ft. Walton Beach, FL 32548

Pool Telephone Number:
850-598-0176
email:
wendyvrudman@gmail.com

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00-8:30	Closed	Closed	Closed	Closed	Closed	Closed	Closed
8:30-9:00							
9:00-9:30						Special Needs Open Swim	
9:30-10:00							
10:00-10:30	Pool and Education Center Available for Rental	Pool and Education Center Available for Rental	Pool and Education Center Available for Rental	Pool and Education Center Available for Rental	Pool and Education Center Available for Rental	Saturday Aquacize	
10:30-11:00							
11:00-11:30						Adaptive Swim Lesson	
11:30-12:00						Adaptive Swim Lesson	
12:00-12:30	Homeschool Lessons		Homeschool Lessons	Private Lessons		Private Lessons	
12:30-1:00	Adult Swim Lessons		Adult Swim Lessons				
1:00-1:30	Private Lessons	Homeschool Intro to Comp Swimming ages10-17	Private Lessons	Homeschool Intro to Comp Swimming ages 10-17		Pool and Education Center Available for Rental	
1:30-2:00							
2:00-2:30		Homeschool Intro to Comp Swimming ages 6-9		Homeschool Intro to Comp Swimming ages 6-9			
2:30-3:00							
3:00-3:30		Water Safety Class		Water Safety Class			
3:30-4:00							
4:00-4:30							
4:30-5:00	Youth Group Swim Lesson	Private Lessons	Youth Group Swim Lesson	Private Lessons			
5:00-5:30	Adult Adaptive Aquacize	Youth Group Lessons	Adult Adaptive Aquacize	Youth Group Lessons			
5:30-6:00	Adaptive Swim Lesson	Adaptive Swim Lesson	Adaptive Swim Lesson	Adaptive Swim Lesson			
6:00-6:30	Youth Group Swim Lesson	Adaptive Swim Lesson	Youth Group Swim Lesson	Private Lessons		Closed	
6:30-7:00	Private Lessons	Closed	Private Lessons	Closed			
7:00-7:30	Closed		Closed				
7:30-8:00					Closed		
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

This schedule is subject to change due to weather conditions, mechanical issues, or any problem that affects the safety of our patrons. Additionally, infrequent special events may cause temporary closure of the facility. Every attempt will be made to minimize the inconvenience to our patrons and notify them in advance of schedule changes.

The Arc Pool in Fort Walton Beach is a community pool open to all members of the public, managed by the Emerald Coast Fitness Foundation, Inc., a 501(c)3 non-profit corporation, located at the Arc of the Emerald Coast at 341 Holmes Blvd., Fort Walton Beach, FL 32548 Telephone 850-598-0176 email: swimECFF@gmail.com