



Destin Pool Activity Schedule

February 10, 2019-May 4, 2019

Pool Telephone Number: 850-837-SWIM (7946)
 Email: destinaquatic@gmail.com
 4345 Commons Drive W, Destin, FL 32541

*Family Pool Activities (Lessons, Aquacize, Family Swim) will commence when outdoor temps remain above 60 degrees overnight

Note: Masters Swim and Coast Aquatics are restricted to registered members of those teams. For more info, visit www.coastaquatics.org or find Okaloosa Liquid Dragons (OLDs) on Facebook

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	Comp Pool	Family Pool*	Comp Pool	Family Pool*	Comp Pool	Family Pool*	Comp Pool	Family Pool*	Comp Pool	Family Pool*	Comp Pool	Family Pool*	Comp Pool	*Family Pool
6:00-6:30			Lap Swim 6:00-7:00 am				Lap Swim 6:00-7:00 am							
6:30-7:00	OLD1 Masters Practice 6:00-7:30am				OLD1 Masters Practice 6:00-7:30am				OLD1 Masters Practice 6:00-7:30am					
7:00-7:30														
7:30-8:00			Destin M.S. Practice 7:00-8:30				Destin M.S. Practice 7:00-8:30			Destin M.S. Practice 7:30-8:30				
8:00-8:30														
8:30-9:00														
9:00-9:30		Aquacize 9:00-10:00am	Lap Swim 8:30am-2:00pm	Aquacize 9:00-10:00am			Lap Swim 8:30am-12:30pm	Aquacize 9:00-10:00am		Aquacize 9:00-10:00am		Aquacize 9:00-10:00am		
9:30-10:00														
10:00-10:30	Lap Swim 7:30am-2:00pm	Lessons 10:00 am			Lap Swim 7:30am-2:00pm	Lessons 10:00 am			Lap Swim 7:30am-2:00pm		Deep Water Aerobics 10:00-11:00am	Sat Lessons 10:00 am		
10:30-11:00														
11:00-11:30			OLD1 Masters Practice 11:00-12:30				OLD1 Masters Practice 11:00-12:30							
11:30-12:00														
12:00-12:30														
12:30-1:00														
1:00-1:30			Lap Swim until 2:00 pm				Lap Swim until 2:00 pm							
1:30-2:00														
2:00-2:30														
2:30-3:00		Family Swim 2:00-5:30pm					Family Swim 2:00-5:30pm							
3:00-3:30														
3:30-4:00	Coast Aquatics 3:30-5:30 6 lanes				Coast Aquatics 3:30-5:30 6 lanes				Coast Aquatics 3:30-5:30 6 lanes					
4:00-4:30														
4:30-5:00			Coast Aquatics 4:30-6:00 6 lanes	Family Swim 3:30-7:00pm			Coast Aquatics 4:30-6:00 6 lanes	Family Swim 3:30-7:00pm		Family Swim 3:30-7:00pm				
5:00-5:30														
5:30-6:00	Lap Swim 5:30-7:00pm	Lessons 5:30 pm	Lap Swim 5:30-7:00pm		Lap Swim 5:30-7:00pm	Lessons 5:30 pm	Lap Swim 5:30-7:00pm		Lap Swim 5:30-7:00pm					
6:00-6:30														
6:30-7:00														
	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	

This schedule is subject to change due to weather conditions, mechanical issues, or any problem that affects the safety of our patrons. Additionally, infrequent special events, such as Swim Meets, may cause temporary closure of the facility. Every attempt will be made to minimize the inconvenience to our patrons and notify them in advance of schedule changes whenever possible.

The Aquatic Center in Destin is a community pool open to all members of the public, managed by the Emerald Coast Fitness Foundation, Inc. a 501(c)3 non-profit corporation, located at 4345 Commons Dr. W, Destin, FL Telephone 850-837-SWIM(7946) email: swimECFF@gmail.com Destin pool: destinaquatic@gmail.com website: www.ecfitnessfoundation.org. Patron registration and waiver required. Cash, Check, Credit/Debit Card and Paypal accepted.